

WHAT TO BRING

Antibacterial hand wipes.

Bible, Journal, pens and pencils

Camera, film and extra batteries (put in your carry-on)

Clothing:

Ladies - Dresses, skirts, capri pants, and short sleeve tops are acceptable anywhere in Haiti. It is acceptable to wear shorts and sleeveless tops while working at HOH only. Please do not wear tank tops or midriff-bearing tops during this trip. Undergarments should be covered by clothes. *For travel to Haiti*, please wear a dress, skirt, or pants. *For Church*: Please wear a dress or skirt and blouse. Close-toed shoes are preferred. Men – Long pants, shorts and comfortable shirts are appropriate to wear while in Haiti. Long pants should be worn during travel to Haiti, and certain activities planned during the trip may require long pants. Appropriate t-shirts are fine for most activities. *For Church*: Dress pants, a dress shirt, and tie. Comfortable dress-type shoes. For everyone: Bring cool, comfortable sleepwear.

2-3 Water bottles (We refill them with purified water.)

Flashlight and extra batteries

Insect repellent – with DEET – no aerosol

Personal medications in original packaging (We have first-aid supplies on-hand.)

Passport, as well as a COPY of your passport to be given to your team leader.

Phone numbers of family and friends

Money for souvenirs (preferably \$1 bills). Carry money in a money belt.

Backpack or bag to carry “stuff” while on the field

Snacks you cannot do without (An assortment of snacks are provided.)

Sunglasses and sunscreen

Toilet articles - toothbrush, toothpaste, soap, shampoo, deodorant, etc.

Towels and washcloths

Supplies for projects that are planned – to be determined.

Toilet paper – please bring 4 rolls.

Set of sheets and pillowcases – twin size.